

Shana Tova - New Year Wishes from:
Rabbi Shimon & Chaya Posner
Rabbi Benny & Chani Lew
Dovid & Sarah Tsikman
Marcia Teichman
The Gershenson, Bernstein,
& Stein Families
Dr. Amy Austin RN, Psy.D., LMFT
Rob & Gayla Gerber

The Lubavitcher Rebbe Rabbi Menachem M. Schneerson

Our Sages teach us that the reason man was created single was to demonstrate how one person equals a whole world.

This means that each Jew, regardless of time and place and personal status, has the fullest capacity to rise and attain the highest degree of fulfillment for himself, and to bring the rest of the world to its fulfillment as well; indeed it is his duty to do so.





#### Chabad of Palm Springs (760) 325-0774

www.chabadps.com Rabbi Yonason and Sussie Denebeim Rabbi Arik and Chaya Denebeim

# The Chabad of the Desert Communities\*



### Bikur Cholim of Palm Springs (760) 325-8076

www.bikurcholimps.com Rabbi Yankel and Rochel Kreiman Rabbi Mendy and Chaya Kreiman



### Chabad of La Quinta (760) 709-2431

www.chabadlq.com Rabbi Moshe and Chaya Katz



### Chabad of Indio (917) 803-9516

chabadofindio.net Rabbi Mendy and Riki Sosonkin



# Chabad of Rancho Mirage The Torah Oasis (760) 770-7785

www.chabadrm.com Rabbi Shimon and Chaya Posner Rabbi Benny and Chani Lew





### Chabad of Palm Desert Alef Schoolhouse (760) 969-2158

www.chabadpd.com Rabbi Mendy and Shaindy Friedman

\* The Desert Jewish Calendar is published by Chabad of Rancho Mirage. For additional calendars or advertising opportunities contact us at calendar@chabadrm.com

## Your Local Business Directory

## ENTERTAINMENT & LEISURE

Lola Rossi
Prestige Entertainment
760.322.8530

#### **HEALTH & BEAUTY**

Desert Oasis Healthcare **Immediate Care Health Centers** <u>MyDOHC.com</u> 760.320.5134

Dr. Wendy Brooks, PSY D. Child, Adolescent and Adult Psychotherapy 760.832.8462

Dr. Homayoun Siman, MD **STAT Urgent Care Medical Group** 760.837.0321

Dr. Gary U. Okamoto, DMD Desertpediactricdentistry.com 760.360.0622

Dr. Greg King Imperial Foot & Ankle Specialists Gakingdpm.com 760.327,1254

Dr. Harry Marshak, MD FACS **Ophthalmic Plastic & Facial Surgery**<u>DrMarshak.com</u>

760.341.2551

Dr. Mark A. Mobley, DDS markmobleydds.com 760.341.1459

Dr. Mina Narula DDS MDS centerfororthodontics.com 760.340.2026

**Dr. Monroe R. Sternlieb, DDS**Oral & Maxillofacial Surgery
760.770.1570

Universal Martial Arts
Universalmartialartspd.com
760.568.0649

Purfit Athletic
Worldgymdc.com
760.610.7558

## HOME REPAIR & IMPROVEMENT

Carpet King
Carpetking760.com
760.808.7591

Priority One Air Conditioning & Heating priorityoneairandheat.com 760.773.0811

**Adi Srulowitz**For all your AC services 760.902.8838

#### **KOSHER RESOURCES**

Clark's Nutrition Clarksnutrition.com 760.324.4626

Home Baked Specialties Chanilew.com 760.333.5687

**Pat's Restaurant & Catering** 310.205.8705 310.205.8707

Western Kosher Grocery Westernkosher.com 323.655.8870

#### **JUDAICA**

Mid City Chabad/Atara's Atarasjudaica.com 323.655.9282

#### **OTHER SERVICES**

Desert Moving Company
Desertmoving.com
760.904.3227

The Detail
Protective Services
Thedetailppo.com
760.567.4670

The Printing Place The printing place.net 760.773.4701

Yellow Cab of the Desert www.yellowcabofthedesert.com 760.340.TAXI (8294)

#### **PROFESSIONAL SERVICES**

Joel B. Johnson, Lawyer www.joeljohnsonlaw.com 760.346.7660

The Law Offices of Barry Regar Barryregarlaw.com
760,327,1516



SEE PHOTOS ON LAST PAGE OF THE CALENDAR (PAGE 39)

Please Support Our Advertisers - Tell Them You Saw It in the Calendar

# Rosh Chodesh (Elul; Sep. 3-4) CHABADRM.COM/ROSHCHODESH

The first day of each Hebrew month is called Rosh Chodesh [lit. head of the Month]. It is considered a minor holiday, when one is encouraged to partake of a semi-festive meal.

## The Month of Elul

The final 29 days of the Jewish year comprise the month of Elul. Elul is a preparation for the upcoming New Year. An analogy refers to G-d during this month as a "King in the field." After returning to his palace, after being away, the king will pass through outlying fields and is approachable to anyone who wishes. Similarly during the month of Elul, G-d readily accepts our petitions and grants all requests.

# Selichot (Sept. 28) CHABADRM.COM/4350

Each day until Rosh Hashanah, beginning late Saturday night (Sept. 28), we recite "Selichot" [prayers for forgiveness].

## Rosh Hashanah (Oct. 2-4) CHABADRM.COM/RH

Rosh Hashanah commemorates the beginning of Creation. It is a time for reflection on our purpose and resolving to make our lives more meaningful.

It is customary to dip challah in honey and eat a piece of apple dipped in honey. Other customs include eating pomegranates and carrots.

On Rosh Hashanah (when it's not on a Saturday) we hear the sounds of the shofar, an soulful instrument, sounding like a primal outcry from the depth of the soul.

We recite "Tashlich" services on the first day (*if not Shabbat; otherwise the 2nd day*) while visiting a body of water containing fish.

#### Fast of Gedalia (Oct. 6)

This fast day commemorates the assassination of the Governor of Judea installed by Nebuchadnezzar.

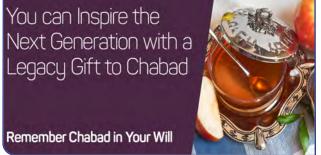
Fun kids' services



# CHABAD'S Meaningful & Uplifting High Holiday Services

Check websites for locations and schedules throughout the valley







kids won't want to miss.

The indicated times are accurate for the Coachella Valley Page 5

Indicated times are only accurate for our city.

A brand new Hebrew School Curriculum

Molad Tishrei 5785: Thursday, 3:21am +13 chalakim

29 5:55 6:39 9:35 12:35 1:06 6:32

#### **Yom Kippur** (0ct. 11-12) CHABADRM.COM/YK

Repentance in its ultimate form empowers us not only to transcend our failings but also to redeem them; to literally travel back in time and redefine past misdeeds and transform them to good.

But, we first need to acknowledge transgressions, disavowing its folly and, most importantly, make an earnest resolution to not repeat that transgression again.

#### **Sukkot** (0ct. 16-23) CHABADRM.COM/SUKKOT

On Sukkot we observe 3 mitzvot: Sukkah: We eat our meals in a Sukkah — a temporary hut covered by branches.

Lulav & Etrog: Each day (not Shabbat) we take four plant species and shake/point them to the six directions. This represents the "binding" and uniting all types as one.

Joy: The overarching mitzvah of Sukkot is joy. While our Holy Temple in Jerusalem stood, there was continuous celebration for

seven days. Men and women, young and old, would join in music, dancing, juggling and other entertainments

#### **Shemini Atzeret** Simchat Torah (Oct. 23-25)

CHABADRM.COM/ST

On the evenings of Shemini Atzeret and Simchat Torah (Oct. 23 & 24) singing and dancing are held in the synagogue celebrating our connection to the Torah.

On Simchat Torah (Oct. 25) we conclude, and begin anew, the annual Torah reading cycle. The event is marked with great rejoicing, and "hakafot" procession, in which we march and dance with the Torah scrolls.

#### Shabbat Bereshit (0ct.26)

"Bereshit" is the beginning of the weekly Torah reading cycle. A Chassidic adage says: "The way one sets out on Shabbat Bereshit, the entire year will follow."



The Jezreel Valley. King Saul led a charge against the Philistines nearby, culminating with the king falling on his own sword (1 Samuel 28-31).

Center for Orthodontics Mina Narula DDS MDS Creating the finest smiles. 71-949 Hwy 111 • Rancho Mirage, CA 92270 760.340.2026 • Fax 760.340.0060

In memory of those who were martyred on Shmini Atseres-Simchas Torah 5784 SPECIAL EXPANDED YIZKOR SERVICE WILL BE HELD ON OCT 24



#### October 2024 אלול תשפ"ד-תשרי תשפ"ה Elul 5784-Tishrei 5785 Tuesday Wednesday Thursday Friday Sunday Monday Saturday **HALACHIC TIMES** Elul 28 Elul 29 Tishrei Tishrei 2 Tishrei 3 Wednesday, Oct. 16 Earliest Mincha Earliest Tefilin Latest Shema Miday/Night כח אלול כנו אלול ב תשרי א תשרי ג תשרי Rosh Hashanah tonight עירוב תבשילין האזינו שכת שוכה Rosh Hashanah 5785 Rosh Hashanah Sunset תשליך Tashlich today Haazinu 6:00 6:44 9:36 12:33 1:03 6:22 6:05 6:50 9:38 12:31 1:01 6:13 Happy Birthday 20 6:10 6:55 9:40 12:30 12:59 6:05 Happy Birthday Marlene Haberman Tzipporah Esther Kreiman **27** 6:15 7:01 9:43 12:29 12:57 5:57 LIGHT BEFORE: 5:42PM LIGHT AFTER: 7:03PM In Memory of Shalom Dovid Kreiman LIGHT: 5:45PM ENDS: 7:01pm Tishrei 4 Tishrei 5 8 Tishrei 6 9 Tishrei 7 Tishrei 8 Tishrei 9 Tishrei 10 תשרי ח תשרי ד תשרי ה תשרי ז תשרי ט תשרי תשרי **Erev Yom Kippur** Fast of Gedaliah Yom Kol Nidrei tonigh 5:26AM-6:48PM Kippur Yizkor 🔼 In Memory of Moshe ben Yakov Happy Birthday Amy Austin Happy Birthday Jacob Regar Happy Birthday Chaim Kessler Happy Birthday Myla Louise Sand OBM LIGHT: 5:33PM In Memory of Elie Eliyahu Bassal YOM KIPPUR ENDS: 6:52PM Tishrei 17 13 Tishrei 11 Tishrei 12 15 Tishrei 13 Tishrei 14 Tishrei 15 Tishrei 16 18 6 יב תשרי יג תשרי א תשרי טו תשרי טז תשרי יד תשרי יז תשרי **Federal Holiday** Sukkot tonight עירוב תבשילין Sukkot W Sukkot IIII Sukkot III Columbus Day 1st intermediate day Happy Birthday Joel Johnson Happy Birthday Libby Cohen Happy Birthday Chaya Kreiman Happy Birthday Ariel Peretz Happy Birthday Baruch Shalom Kreiman Happy Birthday Moussia Dechter In Memory of Yacha Raizel Jaffe LIGHT: 5:27PM LIGHT AFTER: 6:46PM LIGHT BEFORE: 5:24PM ENDS: 6:44PM Tishrei 22 Tishrei 24 Tishrei 18 Tishrei 19 Tishrei 20 Tishrei 21 Tishrei 23 26 ח תשרי ט תשרי כ תשרי כב תשרי כג תשרי כא תשרי כד תשרי Simchat Sukkot W עירוב תבשילין Shmini Sukkot I Sukkot III בראשית מברכים Sukkot I Atzeret 2 2nd intermediate day 3rd intermediate day 4th intermediate day Hoshana Rabba Torah B'reishit Yizkor 🚇 Weekly BBO **BEGINS** in the Sukkah LIGHT AFTER: 6:38PM LIGHT BEFORE: 5:17pm In Memory of Howard Iglow LIGHT: 5:19PM ENDS: 6:36PM 28 29 30 Tishrei 29 Tishrei 25 Tishrei 26 Tishrei 27 Tishrei 28 כה תשרי כו תשרי כז תשרי כח תשרי כט תשרי October is **National Orthodontic Health Month** Happy Anniversary Yankel & Rochel Kreiman sponsored by Happy Birthday Aliyah Regar Happy Birthday Risya Dechter In Memory of Devorah Morrow Happy Birthday Jonah Adelman (eng) Dr. Mina Narula, DDS, MDS Happy Birthday Jack Starr Happy Birthday Rosita Cuervo Happy Birthday Florence Pelter

#### Shabbat—An Oasis in Time CHABADRM.COM/REST

Imagine how wonderful it would be to be able to have a moment of time when you completely relax and momentarily forget about the rush and stress of your daily affairs, to have time for yourself, with no other duties except to reflect upon your accomplishments and the direction of your life. Such a time does exist; it is called Shabbat.

A unique gift from G-d. It is the day G-d finished the creation of the universe and then gave "creation" the opportunity to retract within itself, to rest, to reflect and to redirect goals, ambitions and focus.

The true meaning of Shabbat, rest, is retirement from an increasingly animated and working world, to an island of pure tranquility within time.

This oasis is welcomed by lighting the Shabbat candles 18-minutes before sunset. Married women light two candles, some add a candle for each member of the family. Single women and girls light one candle. The Shabbat lights glow with the spirituality that nourishes the Jewish home on Shabbat

It is customary to put a few coins into a tzedakah box before lighting the candles.

In the evening, a special Shabbat meal is prepared and sanctified by the recitation of the kiddush prayer over a cup of wine. Thus begins the actual experience and connection to this deep refreshing energy we call Shabbat.

Challah: At the start of the Shabbat meals, immediately after kiddush, we make a blessing over two (braided) loaves of bread called "challah". These two challot remind us of the double portion of manna that descended from heaven on Friday mornings (while the Jews were in the desert).

#### Cheshvan 7 (Nov. 8)

During the time of the Holy Temple the economy of Israel was solely dependent on rain for the crops. Yet, they waited until Cheshvan 7. two weeks after Sukkot, to begin the prayers for rain. This was in order not to inconvenience the pilgrims who lived the furthest from Israel (who would still be on their way home after spending the holidays at the Temple in Jerusalem).



The Masada Fortress with aerial views towards the Judain desert and Dead Sea.



## **Oral & Maxillofacial Surgery**

- 30+ Years Providing Expert, Gentle Care
- Dental Implant Surgery
- Dental Extractions
- Reconstructive Bone Grafting
- Periodontal Surgery
- Intravenous Anesthesia

Monroe Sternlieb D.D.S.

Rancho Mirage 760-770-1570

www.mountain-view-oral-surgery.com

#### HARRY MARSHAK, MD. FACS

OPHTHALMIC PLASTIC & FACIAL SURGERY

74-075 EL PASEO, SUITE D2 PALM DESERT, CA 92260

TEL 760.341.2551 FAX 760.341.2522

WWW.DRMARSHAK.com DRMARSHAK@DRMARSHAK.com



#### Chanukah

#### CHABADRM.COM/LIGHTS

Chanukah celebrates the miraculous and stunning victory of the Maccabees over the wellarmed Syrian armies. When the Jewish nation recaptured the Holy Temple in Jerusalem, they found only one sealed cruse of olive oil that had not been contaminated. It contained enough oil to light the menorah for just one day. It would take eight days until more of the proper oil could be procured. They decided to light the menorah with the available oil. Miraculously, it burned for eight days. To commemorate this miracle we light the menorah (preferably with olive oil) for eight days of Chanukah and we savor foods fried in oil, such as potato latkes.

The lit menorah publicizes the miracle. Therefore, we light the menorah at night when its light shines brightest (except on Friday, when it is lit immediately prior to lighting the Shabbat candles) and we put it in a doorway or window so passersby may share in the light. All family members should participate in this beautiful ceremony of light. We specifically involve the children by distributing Chanukah gelt and other gifts to them.

On the first night of Chanukah, we light one light on the menorah and hence we add one more light each night until eight are lit on the last night.



Nahal Zavitan, is one of the most scenic routes in the Golan Heights, features beautiful hikes with streams, deep pools and an impressive waterfall at its end.







December 2024 רשפ"ה Cheshvan-Kislev 5785 Sunday Tuesday Wednesday Thursday Friday Saturday Monday Cheshvan 30 Kislev 3 Kislev 2 Kislev 3 Kislev 4 Kislev 5 Kislev 6 6 א כסלו ב כסלו ג כסלו ד כסלו ה כסלו ו כסלו ל חשון **Rosh Chodesh Rosh Chodesh** ויצא ותו טל ומטר במעריב Vavetze Happy Birthday Dovber Dechter In Memory of Morton I. Slonim ENDS: 5:18pm LIGHT: 3:54PM Kislev 13 Kislev 7 9 Kislev 8 Kislev 9 Kislev 10 Kislev 11 13 Kislev 12 ז כסלו ח כסלו ט כסלו י כסלו יא כסלו יב כסלו יג כסלו וישלח Vayishlach Happy Birthday Musie Kesselman Happy Anniversary Shimon & Chaya Posner Happy Anniversary Dovid & Sarah Tsikman Happy Birthday Judith Fox **Happy Anniversary** LIGHT: 3:55PM Happy Birthday Chana Kreiman Jacob & Sadaf Regar ENDS: 5:19pm Kisley 20 Kislev 14 Kislev 15 Kislev 16 18 Kislev 17 19 Kislev 18 20 Kislev 19 15 16 יד כסלו טו כסלו טז כסלו יז כסלו יח כסלו יט כסלו כ כסלו וישב Vaveshev Alter Rebbe's Liberation -Rosh Hashanah of Chassidus Happy Birthday Sadaf Regar Happy Birthday Shlomo Aharon Posner LIGHT: 3:58PM Happy Birthday Chani Lew **Happy Birthday Emily Barmet** Happy Birthday Mushka Posner Happy Birthday Liat Saig ENDS: 5:22PM Kislev 27 Kislev 22 Kislev 23 Kislev 24 Kislev 25 Kislev 26 28 Kislev 21 26 כה כסלו כא כסלו כב כסלו כג כסלו כד כסלו כו כסלו כז כסלו Chanukah 2 1st Chanukah light tonight Chanukah 1 Chanukah 3 מקץ מברכים **Legal Holiday** 2nd light tonight 3rd light before 4th light after Miketz Shabbat Shabbat Happy Birthday Debbie Finger In Memory of Gerard Saunders Happy BAS MITZVAH Birthday In Memory of Rabbi Sholom Posner LIGHT: 4:02PM In Memory of Bayla Adelman In Memory of Adele Haberman Happy Birthday Yankel Kreiman Raizel Lew In memory of Sophie Shafia El Mann ENDS: 5:26PM **CHANUKAH HALACHIC TIMES** Kislev 28 Kislev 30 29 30 Kislev 29 **GHT UP RANCHO MIRAGE!!** Earliest Mincha Miday/Night WITH CHABAD כח כסלו כט כסלו ל כסלו Chanukah 5 Chanukah 4 Chanukah 6 **Events all over** 5th light tonight 6th light tonight Rosh Chodesh THE RIVER the Desert all week long! RIVER 7th light tonight 444404444 5:44 6:33 9:01 11:34 12:01 4:37 CHECK IT OUT ONLINE! SUNDAY DECEMBER 29 5:50 6:39 9:06 11:37 12:04 4:37 5:54 6:44 9:10 11:41 12:07 4:39 Happy Birthday BAS MITZVAH Brenda Shaw 22 5:58 6:47 9:13 11:44 12:10 4:42 **Happy Birthday Samuel Kocen** 6:01 6:50 9:17 11:48 12:14 4:46

The indicated times are accurate for the Coachella Valley Page 11

Indicated times are only accurate for our city.

Molad Tevet 5785: Monday, 5:33pm +16 chalakim

## Asara B'Tevet (Jan 10) CHABADRM.COM/TEVET10

A fast day commemorating the 3-year siege of Jerusalem by Nebuchadnezzar, King of Babylon (in 425 bce). The fast begins Friday moring at dawn, and ends around 45 minutes after candle lighting time (at the indicated time).

#### Tefillin

#### CHABADRM.COM/WRAP

The straps of tefillin are wrapped around the arm. As a result, the arm loses its freedom of movement. This indicates that man is not free to do as he wishes. He can move his arm in ways that are in accordance with the spirit of the tefillin; of the Sh'ma. Arms and hands have the power to heal and help, to create and build, and this is what the tefillin remind us each morning that all our actions must be in character with these principles.

One box is placed near the heart; the seat of emotions. We are responsible for our emotions. There are certain emotions which the Torah prohibits and others the Torah encourages — we are capable of being their master, not their pawn.

The other box is placed upon the head. Man's mind is his finest gift and at the same time the most ominous threat to the world. If we use our mind appropriately, we can create a paradise; if not, we can bring utter destruction. Tefillin declare to us that we must use our mind in accordance with the teachings of the Torah, and not utilize the brain for self-aggrandizement at the expense of others.

Tefillin are a bond and a "sign" binding the American Jew, the Russian Jew and the Israeli Jew together into one inseparable whole, and at the same time tying the hand, the mind and the heart of the Jew to G-d and Torah, to ideal and principle. The tefillin strap spans oceans and continents, binding a scattered people into one strong unit.



Teveriah (Tiberias) on the shores of the Kineret (The Sea of Galilee).



January 20	025 Monday	Tuesday	Wednesday	נשפ <b>"ה</b> Thursday	טבת-שבט Teve	et-Shevat 5785 Saturday
HALACHIC TIMES	DECODIA TALMU	Significance of the Book	Tevet 1 א טבת Chanukah 7 Rosh Chodesh 8th light tonight	2 Tevet 2 ב טבת ב Chanukah 8	3 Tevet 3 מבת ג טבת ג UIGHT: 4:07pm	Tevet 4 תוניש וייניש Vayigash
5 Tevet 5 na o n	6 Tevet 6 ח טבת	7 Tevet 7 מבת ז	8 Tevet 8 ח טבת	9 Tevet 9 מי טבת ט	Tevet 10 חבת 'Asara B'Tevet 5:28AM-5:24PM	Tevet 11 יא טבת יא טבת ייא טבת Vayechi
Didan Notzach			Happy Birthday Sholom Yehudah Kreiman	Happy Birthday Alana Renee Johnson	LIGHT: 4:13pm	ENDS: 5:37PM
12 Tevet 12 ריב טבת Fourth Annual Chabad Golf Classic.	13 Tevet 13 יג טבת	14 Tevet 14 איד טבת Happy Birthday Dovid Posner	15 Tevet 15 מו טבת	16 Tevet 16 מיז טבת	17 Tevet 17 ריז טבת	יח טבת Tevet 18 שמות שמות Shemot
	Happy Birthday Frankie Barmet In Memory of Shlomo Morrow	Happy Birthday Dovid Posner In Memory of Pearl White In Memory of Samuel Cohen	Happy Birthday Zalman Posner In Memory of Helen Goldstein		LIGHT: 4:19PM 🕡	ENDS: 5:43PM
19 Tevet 19 יט טבת	20 Tevet 20 כ טבת Federal Holiday MLK Day—Inauguration Day	21 Tevet 21 מא טבת	22 Tevet 22 כב טבת	23 Tevet 23 כג טבת	<b>24</b> Tevet 24 כד טבת	25 Tevet 25 כה טבת וארא מברכים Vaerah
			In Memory of Leah Platt		Alter Rebbe's Yahrtzeit LIGHT: 4:26pm	In Memory of Reb. Chaya Posner In Memory of Harold Kramer ENDS: 5:49PM
26 Tevet 26 כו טבת	<b>27</b> Tevet 27 מיז טבת כז טבת	28 Tevet 28 מח טבת	29 Tevet 29 כט טבת	Shevat 1 א שבט Rosh Chodesh	31 Shevat 2 ב שבט	JEWISH Pride LIKE YOU'VE NEVER SEEN
Happy Birthday Risya Kesselman Happy Birthday Jordan Pelter	Happy Birthday Sarah Finger In Memory of Sarah Kramer	In Memory of Sarah Cohen	In Memory of Chana Kesselman		LIGHT: 4:33pm	17TH CTEEN INTL SHABBATON FEB 28 - MARCH 2, 2025 I 30 SHEVAT- 2 ADAR, 5785
The indicated times are accurate for the Coachella Valley  Indicated times are only accurate for our city.  Molad Shevat 5785: Wednesday, 6:17am +17 chalakim						

#### Tu B'Shevat (Feb. 13)

#### CHABADRM.COM/TREE

This day is the New Year for trees. Just as Rosh Hashanah (the New Year for creation) is the day on which humans are judged, so too Tu B'Shvat is a day of judgment for earth's vegetation.

To commemorate this day we eat from the Seven Species of fruits and grains enumerated in the Torah (Deuteronomy 8:8) as being special products of the Land of Israel: wheat, barley, grapes, figs, pomegranates, olives, and dates.

A tree is an ordinary and common sight. At first glance, there seems nothing in it to arouse any special meditation. Yet we can learn a few useful lessons from a tree.

A tree is comprised of three primary elements 1) roots, 2) axis or main shaft and 3) fruit (seeds).

The root system obtains nourishing substances from the earth. The leaves also obtain certain substances for the plant's existence, yet the root is by far the most important life-giving agent of the plant. Furthermore, it also provides a firm entrenchment for the plant against the wind.

The axis is the main body of a plant or tree, and visibly marks the growth and development of the tree.

In producing fruit, the tree reaches its perfection, for in it lies the seed for the propagation of its kind, generation after generation for eternity.

Man is likened to a tree: "...Man is the tree of the field" [Deuteronomy 20:19]. This likeness is particularly marked in the spiritual sense:

The root is the faith which links a Jew with his or her origin, and which constantly obtains spiritual nourishment. Unless the roots are strong and firmly entrenched in the soil, the tree – despite its great trunk and branches and leaves – cannot withstand the wind.

The trunk or stem is the Torah and Mitzvot; these must increase and grow, just as the age of a tree increases its stem and branches. The development and advancement and in fact the entire stature of a Jew can be seen through his or her practice of the Torah and Mitzvot

In a Jew, the fruit is those Mitzvot, which benefit others as well as self, and which have within them the seed that produce similar good deeds, through helping to perpetuate our great national heritage.



Tel Arsuf "Apollonia National Park" - a sandstone promontory facing the central Mediterranean seashore at Herzliya.



February is Children's

Dental Health Month

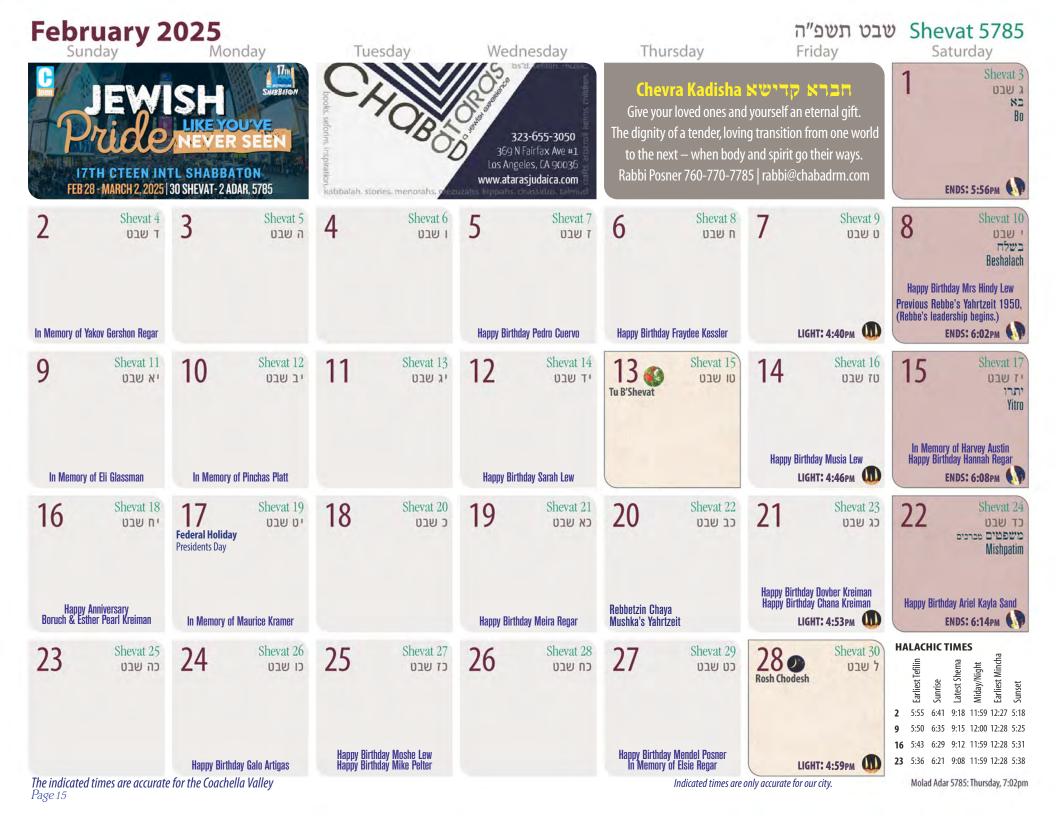
sponsored by

Dr. Gary Okamoto DMD

Wendy Brooks, Psy.D.

Licensed Psychologist

Child, Adolescent and Adult Psychotherapy 74075 El Paseo, Suite A12 Palm Desert, CA 92260 760 832 8462 by appointment



#### Fast of Esther (Mar. 13)

This fast day commemorates the 3day fast initiated by Queen Esther before interceding on behalf of her people to King Ahasuerus.

#### Purim (Mar. 14) CHABADRM.COM/PURIM

On Purim we celebrate the deliverance of the Jewish people from annihilation instigated by Haman, a member of the Amalek tribe. Had it not been for the lastminute intervention of Oueen Esther. who it turned out was Jewish, Haman's plot may have succeeded.

Upon the advice of her uncle Mordechai, the Jewish leader, Esther agreed to a daring strategy of approaching the king without being summoned. Esther requested that for 3 days prior to her approaching the king, the Jewish people reconnect with G-d through fasting and prayer. When Esther approached the King's

throne, she was summoned and bade to ask for whatever she wanted. Her request ultimately put an end to Haman and his plot.

Purim Eve (Mar. 13): Purim begins with listening to the megillah on the

evening of March 13. When Haman's name is mentioned we twirl our groggers and stamp our feet to drown out his evil name.

Purim day (Mar. 14): During the course of this day, we listen to the reading of the megillah again.

The Purim salvation was a result of the unified efforts of all the Jewish community, we therefore, perform deeds that foster relationships and we assist the needy. We send a gift of food to a friend and give funds to the needy. We celebrate with a special festival meal with friends and family.

Masks and Costumes: The miracle of Purim was concealed: it seemed to come about from natural causes. Gd's presence was "masked" beneath the "costume" of natural events.

#### Shushan Purim (Mar. 15)

In the capital city of Shushan, the Jews were victorious on the following day; the 15th of Adar. Therefore, in certain cities (including Jerusalem), Purim is celebrated on the following day; known today as Shushan Purim



The Carob Viewpoint, on the cliffs of Arbel National Park, affords spectacular views of the Sea of Galilee, the Golan Heights, and nearby villages.







#### Passover (April 11-20) CHABADRM.COM/PASSOVER

Passover celebrates the liberation of the Jewish people from Egyptian slavery and their subsequent birth as a nation more than 3,300 years ago. It is a holiday rich with traditions that are meant to help us experience "freedom" in our personal lives.

Chametz is the term for all food and drink made from leavened wheat, barley, rye, oats, spelt or their derivatives, which are forbidden during Passover. (The prohibition against eating chametz begins late-morning on April 12.) Seder Nights: The Passover holiday kicks off with a festive "seder" the nights of April 12 & 13, conducted at a table royally set. We relive and reenact the exodus from Egypt, thinking as if we ourselves were in bondage in Egypt and suffering under Pharaoh's oppressions. We then join with our ancestors as they experience their freedom and then cross the Sea of Reeds.

Matzah: One of the main mitzvot of Pesach is eating matzah. There is a custom to eat hand-baked "shmurah" matzah.

#### The Omer (April 13-June 1) CHABADRM.COM/OMER

On the second night of Passover (April 13) we began counting the days until Shavuot, the day we received the Torah.

This counting links Passover to Shavuot, binding together the physical creation of the Jewish people during the exodus, and the creation of our spiritual identity through Torah.

#### Final Pesach Day (Apr. 19-20)

The eighth and final day of Passover, is associated with our fervent hope for the imminent coming of Moshiach (Messiah).

Passover concludes on Apr. 20 at the time indicated in the calendar. This is the time when we may begin to eat chametz products.





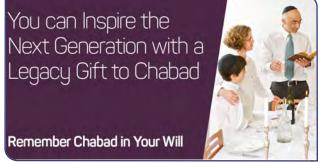
- DESIGN
- **PRINT**
- MAIL

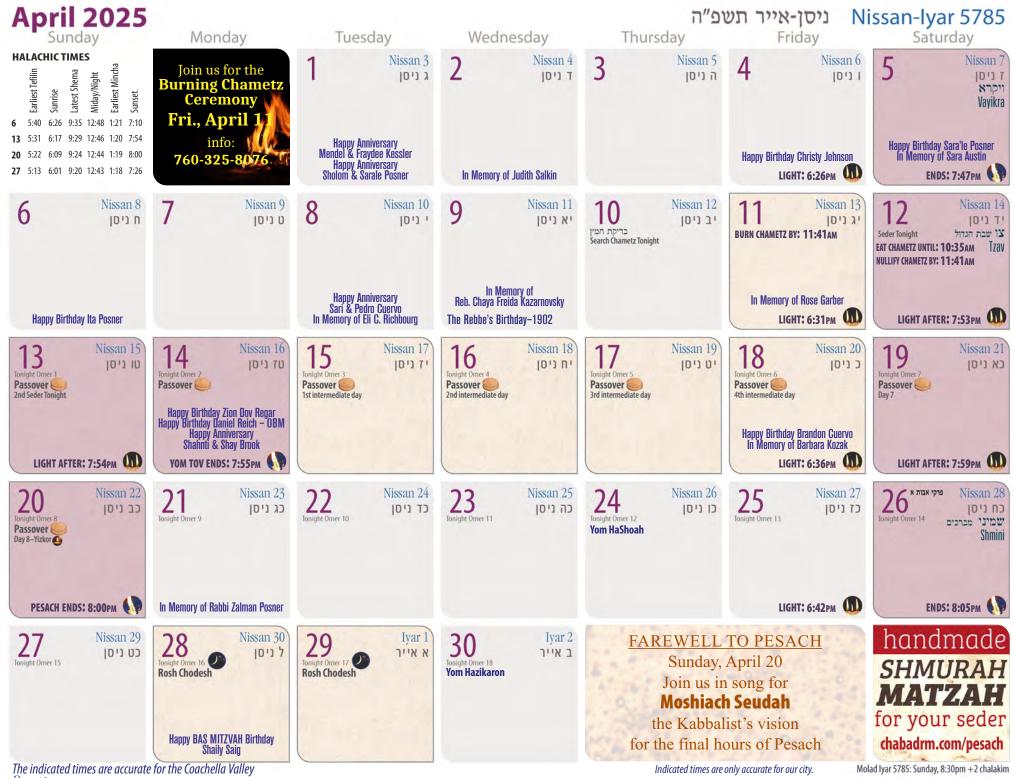
Serving the Coachella Valley since 1984 We Specialize in Quality and Service

41651 Corporate Way, #5 \* Palm Desert, CA 92260 Phone: (760) 773-4701

email: info@theprintingplace.net • www.theprintingplace.net







#### Pesach Sheini (May 12) CHABADRM.COM/PESACH2

After the Exodus, G-d instructed the people of Israel to bring the Passover offering, as they had done before departing Egypt.

However, there were individuals who could not prepare the Passover offering. They approached Moses and Aaron and said: "...why should we be deprived?" (Numbers 9:6-7). In response, G-d established the 14th of Iyar as "Pesach Sheini" (2nd Passover). This day represents a "second chance" achieved through the power of repentance. The Second Passover represents how there is never a lost cause. We mark this day by eating matzah.

#### Lag B'Omer (May 16) CHABADRM.COM/LAG

The 33rd day of the Omer count is celebrated as a joyous holiday. In the early second century on this date. Rabbi Shimon Bar Yochai, a Mishnaic Sage, mystical thinker, and author of the Zohar, passed away. Having fulfilled his mission in this world he requested that the anniversary of his passing be celebrated as a happy day. In Israel, Lag B'Omer is celebrated with festivities and bonfires throughout the country, and particularly in the city of Meron, near the grave of Rabbi Shimon Bar Yochai.

Throughout the world, this day serves as an occasion for weddings and other celebrations.

#### What is a Mezuzah? CHABADRM.COM/DOOR

A small parchment scroll, which contains the Shema, a mezuzah placed on the entrances of the home reflects the holiness of the home that one is about to enter.

In addition to its role as a reminder of our faith, the mezuzah is also a symbol of G-d's watchful care over the home. The name of G-d, Sha-dai, which appears on the reverse side of the parchment is an acronym for "quardian of the doorways of Israel." The placing of a mezuzah on the doors protects the inhabitants whether they are inside or not.

The letters in a mezuzah can be affected by the elements, especially an outdoors one, therefore we have them checked every 2 years to assure that nothing have faded or cracked.

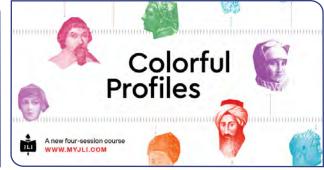
Affix a mezuzah on the right doorpost as one enters, in a slanted position with the top pointed toward the inside and on the bottom of the upper third of the doorpost.

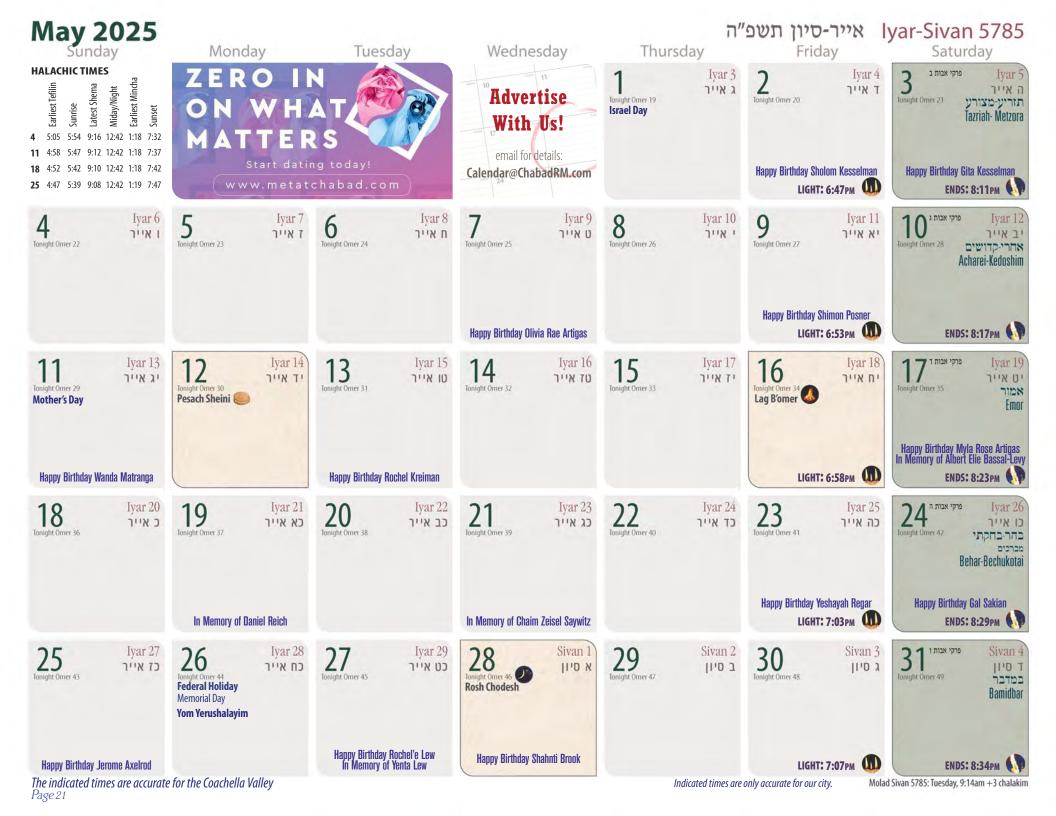


Nahal Me'arot Nature Preserve in the Carmel mountain range (near Haifa).









#### Shavuot (June 1-3) CHABADRM.COM/SHAVUOT

Shavuot marks the day G-d gave the Torah to the Jewish people, 3,337 years ago.

Shavuot ("weeks") represents the seven weeks during which the Jewish people prepared to receive the Torah, following the exodus. During this time they rid themselves of the scars of bondage and became a holy nation ready to stand before G-d.

Our sages have compared the giving of the Torah to a wedding between G-d and the Jewish people. He became our G-d and we accepted the responsibilities of this unique relationship.

Today, we prepare for the receiving of the Torah by staying up and studying Torah on the first night of Shavuot (June 1-2). It is also customary to decorate one's home with flowers that remind us of the flowers that blossomed over Mount Sinai when the Torah was given. Another custom is to eat cheese blintzes, cheesecake (dairy foods) during this festival.

Many make a point of attending the first day of Shavuot's Torah reading with all members of the family, even young children. This is a reliving of the giving of the Torah at which time every single Jew was present.

#### Mitzvot CHABADRM.COM/DEEDS

Each mitzvah that we fulfil strengthens our connection with G-d, allowing us to access a deeper dimension of existence.

The 613 mitzvot of the Torah include charity, kosher, praying, mezuzah, and Tefillin. Each "act" enhances and refines another aspect of our being and another dimension of our relationship with G-d.

Our sages tell us that the 613 mitzvot correspond to the human body. The 248 positive mitzvot are the limbs, and the 365 prohibitions are arteries. We should not pass up an opportunity to perform a mitzvah because each mitzvah strengthens our connection with G-d on a particular level.

Although we were all instructed to observe 613 mitzvot, not all apply to everyone all the time (i.e. several mitzvot (mostly agricultural) are only relevant to the Holy Land itself and many only apply during the Temple era).



Gamla Nature Reserve is a nature reserve and archaeological site located in the center of the Golan Heights.

KIDDUSH/LUNCH MONDAY, JUNE 2 Be there for the Ten Commandments followed by: "Cheesecake on Sinai"

Dedicated to The Rebbe whose love for every Jew inspires us



**June 2025** סיוו-תמוז תשפ"ה Sivan-Tammuz 5785 Monday Tuesday Wednesday Thursday Friday Saturday Sunday Sivan 5 Sivan 6 Sivan 7 Sivan 8 Sivan 9 Sivan 10 פרקי אבות א Sivan 11 6 ט סיוו יא סיון ה סיוו I D'II 1110 7 ח סיוו י סיוו Shavuot 1 Shavuot # נשא Shavuot tonight Yizkor 🚇 Naso Happy Birthday Adele Haberman – OBM In Memory of Marci Iglow Happy Birthday Chaya Posner YOM TOV ENDS: 8:36PM LIGHT: 7:09PM LIGHT AFTER: 8:35PM In Memory of Leah Rubin Happy Birthday Leibel Lew LIGHT: 7:11PM ENDS: 8:38pm Sivan 18 Sivan 12 9 Sivan 13 Sivan 14 Sivan 15 Sivan 16 13 Sivan 17 יג סיוו טז סיוו יז סיוו יב סיוו יד סיוו טו סיוו יח סיון בהעלותך Bahalotcho Happy Birthday Dena Brook Happy Birthday Sari Cuervo Happy Birthday Lena Czachow - obm Happy Anniversary In Memory of Zelda Johnson Happy Birthday Mordechai Kessler Dovber & Chana'le Dechter LIGHT: 7:14PM In Memory of Myla Louise Sand Happy Birthday Shana Ann Johnson ENDS: 8:41pm Sivan 19 Sivan 20 Sivan 21 18 Sivan 22 19 Sivan 23 20 Sivan 24 פרקי אבות ג Sivan 25 16 יט סיוו כג סיוו כ סיוו כא סיוו כב סיוו כד סיוו כה סיון שלח מברכים **Federal Holiday** Father's Day Juneteenth Shelach LIGHT: 7:16PM In Memory of Elaine Slonim ENDS: 8:43PM Sivan 30 Tammuz 1 28 דammuz 2 פרקי אבות ד Sivan 26 Sivan 28 Sivan 29 Sivan 27 26 כו סיוו כז סיוו כח סיון כט סיוו ל סיוו א תמוז ב תמוז קרח Rosh Chodesh **Rosh Chodesh** Korach Happy Birthday Chopsey Pelter-obm Happy Birthday Leibel Kesselman In Memory of Florence Pelter Happy Birthday Chana'le Dechter Happy Birthday Brian Kramer Happy Birthday Happy Birthday Kari Orlie Bassal-Levy Rebbe arrives safely Chayah Mushka Pósner Happy Birthday Leibel Kessler LIGHT: 7:17PM in America 1941 Happy Birthday Melissa Finger ENDS: 8:44PM **HALACHIC TIMES** Tammuz 3 30 Tammuz 4 Earliest Mincha Miday/Night ג תמוז ד תמוז In Loving Memory of SHAVUOT EDITION Dedicated to The Rebbe whose love **Elaine Slonim** for every Jew inspires us 4:44 5:36 9:07 12:43 1:20 7:52 on her first vartzeit Happy Birthday Benny Lew 4:42 5:35 9:07 12:44 1:22 7:55 RANCHO MIRAGE Happy Birthday Leibel Posner 4:41 5:35 9:08 12:46 1:23 7:58 12 Sivan IDEAS WORTH HEARING www.chabadrm.com/rebbe 1 22 4:42 5:36 9:09 12:47 1:25 8:00 Happy Birthday Musya Kessler The Rebbe's Yahrtzeit 29 4:45 5:38 9:11 12:49 1:26 8:00 The indicated times are accurate for the Coachella Valley Molad Tammuz 5785: Wednesday, 9:58pm +4 chalakim *Indicated times are only accurate for our city.* Page 23

#### The Three Weeks (Jul. 13-Aug. 3)

#### CHABADRM.COM/3WEEKS

Starting with the "Fast of Tammuz 17" (July 13) and concluding three weeks later after the Tisha B'Av fast (Aug. 3), the Three Weeks are a period of national mourning for the destruction of the two Temples. We do not celebrate weddings and festivities during this time.

#### 17th of Tammuz (Jul. 13) CHABADRM.COM/FAST17

This fast day ushers in the mourning period of the Three Weeks.

Five catastrophes happened on this date: 1) Moses smashed the Tablets upon seeing the golden calf. 2) King Menashe set up an idol inside the Temple. 3) A Greek general burned the Torah scroll. 4) The tamid (daily sacrifice) was stopped. 5) The Romans breached Jerusalem's walls.

### Ani Maamin (=I believe)

#### CHABADRM.COM/BELIEF

Many recite these thirteen "Ani Maamin's" daily. Compiled from the 613 commandments, each one

begins with the words "Ani Maamin." Maimonides referred to them as "the fundamental truths of our religion and its very foundation."

The Thirteen articles are:

- 1. The existence of the Creator, who is the Primary Cause of all that exists.
- 2. G-d's unity.
- 3. G-d's non-corporeality, nor that He is affected by any physical occurrences, such as movement, or rest, or dwelling.
- 4. G-d's eternity.
- 5. The imperative to worship G-d exclusively and no false gods.
- 6. G-d communicates with humans through prophecy.
- 7. The prophecy of Moses our teacher has priority.
- 8. The Divine origin of the Torah.
- 9. The immutability of Torah.
- 10. Divine omniscience and providence.
- 11. Divine reward and retribution.
- 12. The arrival of the Messiah and the messianic era.
- 13. The resurrection of the dead.



Gan Hashlosha National Park in Northern Israel







July 2025 Sunday	Monday	Tuesday	Wednesday	ם"ה Thursday	תמוז-אב תשו Friday	mmuz-Av 5785 Saturday
HALACHIC TIMES	A project of Chuboid onc	Tammuz 5	Tammuz 6	3 Tammuz 7 ז תמוז	Tammuz 8 run n Federal Holiday Independence Day	ל Tammuz 9 פרקי אבות ה ט תמוז דיקת ט תמוז Chukat
Tammuz 10	7 Tammuz 11 יא תמוז	8 Tammuz 12 יב תמוז	9 Tammuz 13 יג תמוז	Tammuz 14 יד תמוז 14 Happy Birthday Chana Kesselman OBM	Tammuz 15 r Inn IU  Happy Birthday Mendel Kreiman Happy Anniversary Leibel & Musie Kesselman Happy Anniversary Shmuel & Hindy Lew LIGHT: 7:15pm	12 פרקי אבות י Tammuz 16 נידן תמוד בלק Balak Happy Birthday Andrew Cuervo
13 Tammuz 17 rinn 7 rin	Tammuz 18 r Inn n  Happy Anniversary Marlene & Melvin Haberman Happy Birthday Zalman Lew In Memory of Esta Fruma Kreiman	15 Tammuz 19 יט תמוד	16 Tammuz 20 כ תמוז ב Tammuz 20 אמוז ב תמוז ב Tammuz 20 אוויים ב תמוז ב Tammuz 20 אוויים ב דיים ב דיים ב דיים ב	17 Tammuz 21 כא תמוז	18 Tammuz 22 כב תמוז ב IGHT: 7:12pm	Tammuz 23 פרקי אבות א על תמוז כג תמוז פינחם מברכים פינחם מברכים Pinchas  Happy Birthday Aviva (Arlene) Morse
20 Tammuz 24 כד תמוז Happy Birthday Austin Matranga	21 Tammuz 25 כה תמוז Happy Birthday Meir Nosson Kreiman	22 Tammuz 26 כו תמוז	23 Tammuz 27 ממוז ביז תמוז Happy Birthday Joan Kramer	24 Tammuz 28 כח תמוז	25 Tammuz 29 כט תמוז LIGHT: 7:08pm	פרקי אבות ב Av 1 א אב א אב מטות-מסעי Matot-Masei
אב Av 2 ב אב  The indicated times are accurate	אב Av 3 אב גאב	אב Av 4 אב Av 4	30 Av 5 ה אב Happy Birthday Melvin Haberman	31 Av 6 אב	LEAVE A LEGACY OF HOPE. LE. The Jewish fu Create a Jewish Legac Inquiries at (7	RROW YA JEWISH FUTURE ARN ABOUT PLANNED GIVING.

# Tisha B'Av (Aug. 3) CHABADRM.COM/AV9

Tisha B'Av, the 9th day of Av, is the saddest day in the Jewish calendar. From the earliest days of our nation's history — when G-d decreed on this date that the Jews would wander in the desert for forty years — through the destruction of both Temples in Jerusalem, to the Holocaust, this date appears as a pivotal and somber point in time.

In addition to remembering all these tragic events, this day is used as a day of prayer to the Almighty. We pray for Him to bring us the final redemption through our righteous Moshiach and the rebuilding of the third Temple. Within our sadness shines a beacon of hope which will ultimately carry us through.

There is a famous story about the popular sage Rabbi Akiva who once visited the ruins at the site of the Temple together with his colleagues. As they began to weep over the destruction of the Temple, Rabbi Akiva rejoiced. Responding to his colleague's bafflement, he

explained that the prophets foresaw the Temple's destruction and its rebuilding. "Now that I see the first part has been fulfilled, I am certain the second part will be fulfilled as well." To this they responded, "Akiva, you have brought us great consolation." May we merit this speedily in our days.

The Talmud states: "There were no

## Tu B'Av (Aug. 9) CHABADRM.COM/AV15

greater holidays for the Jewish People than Av 15 and Yom Kippur." This day marks a number of happy occasions: End of the 40-year decree upon the Jewish People to remain in the desert (1,274 bce). Reconciliation of the tribe of Benjamin with the other tribes of Israel (Judges 21). Removal of guards, stationed by Jeroboam ben Nevat, preventing the pilgrimage to the Temple in Jerusalem by any member of the Ten Tribes of Israel. And, after 14 years, the Romans finally grant permission for the dead of Beitar to be buried (149 ce).

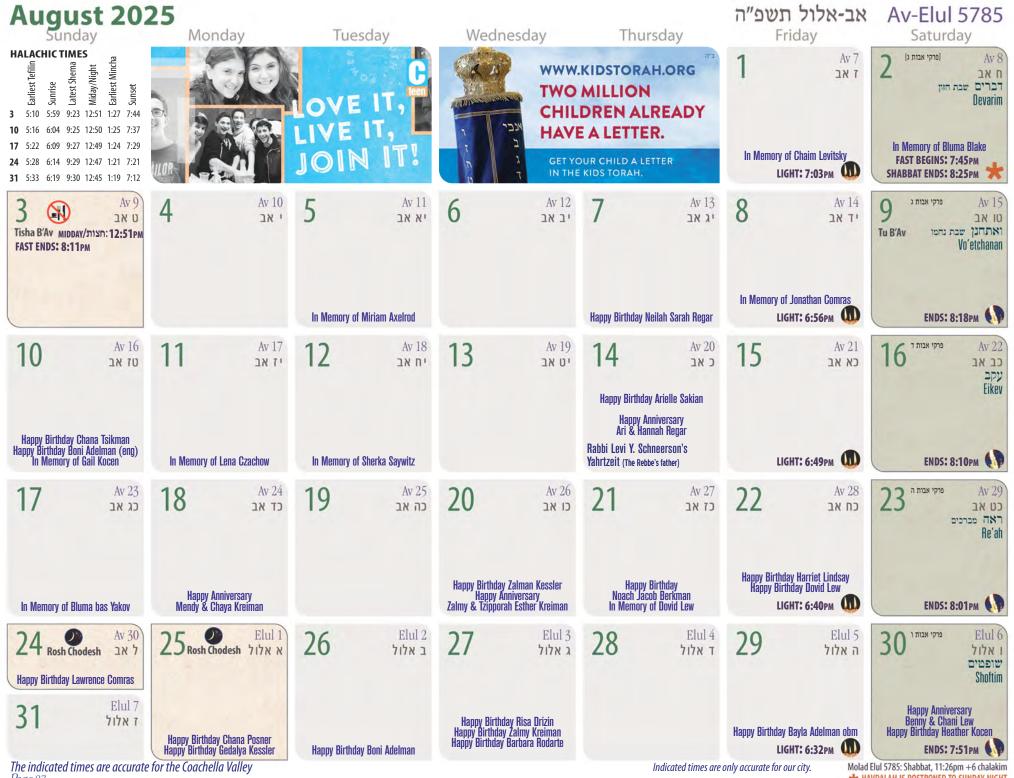


View of Jerusalem from on top of Har Tzion. Insert: A street in the Old City of Jerusalem.



In Loving Memory of **Shalom Salamat** on his first yartzeit 8 Av





## The Month of Elul

The final 29 days of the Jewish year comprise the month of Elul. Elul is a preparation for the upcoming New Year. An analogy refers to G-d during this month as a "King in the field." After returning to his palace, after being away, the king will pass through outlying fields and is approachable to anyone who wishes. Similarly during the month of Elul, G-d readily accepts our petitions and grants all requests.

# Selichot (Sept. 13) CHABADRM.COM/4350

Each day until Rosh Hashanah, beginning late Saturday night Sept. 13th, we recite "Selichot" [prayers for forgiveness].

## Rosh Hashanah (Sep. 22-24) CHABADRM.COM/RH

Rosh Hashanah commemorates the beginning of Creation. It is a

time for reflection on our purpose and resolving to make our lives more meaningful.

It is customary to dip challah in honey and eat a piece of apple dipped in honey. Other customs include eating pomegranates and carrots.

On Rosh Hashanah (*not when it's Saturday*) we hear the sounds of the shofar, an soulful instrument, sounding like a primal outcry from the depth of the soul.

We recite "Tashlich" services on the first day (*if not Shabbat;* otherwise on the 2nd day) while visiting a body of water containing fish.

#### Fast of Gedalia (Sep. 25)

This fast day commemorates the assassination of the Governor of Judea installed by Nebuchadnezzar.



Hayarkon Park in Tel Aviv and (insert:) a garden at the park.

CHABAD'S
Meaningful & Uplifting
High Holiday Services

Check websites for locations and schedules throughout the valley









Page 32

## **DOHC - IMMEDIATE CARE**



# 4 Immediate Care Clinic Locations We're here when you need us!

Palm Springs Immediate Care 275 N. El Cielo, D-402 Palm Springs, CA 92262

Indio Immediate Care 81-880 Dr. Carreon Blvd., C-108 Indio, CA 92201 Palm Desert Immediate Care 72605 Highway 111 Palm Desert, CA 92260

Yucca Valley Immediate Care 57-840 29 Palms Hwy. Yucca Valley, CA 92284

#### Immediate Care hours are:

8am – 8pm Monday – Friday and 9am – 7pm, weekends and holidays.



Your Health, Your Life, Our Passion.

**760-320-5134** • MyDOHC.com

24DOHC9501 IC Ad JewishCalenderHalfPage.inde

# INJURED?

The Desert's Most Qualified Lawyer With 48 Years Experience
Obtaining the Highest Insurance Settlements



Joel B. Johnson

760-346-7660

Automobile | Fire Injury | Motorcycle Defective Products | Pharmaceutical Claims Dog Bite | Divorce and Family Law | Premises Accidents

> Former Counsel to: Chabad Los Angeles, Grossman Burn Center, Childrens Burn Center, Los Angeles Senior Citizens Associations, Consumer Fraud Consultant of Los Angeles, Jewish National Fund Board of Directors

73-061 El Paseo Drive #220, Palm Desert

(Farshteit Yiddish)
Free Consultation
No Fee If No Recovery



CKIDS CLUBS

Celebrate your Judaism at Ckids of Rancho Mirage

FRESH, JOYFUL, ENGAGING.

#### Rosh Hashanah Airlines



26 ELUL - SEP. 29
Design Fanny Packs, Luggage Tags
& Gear up for the New Year

#### Sukkot Space Station



11 TISHREI – OCTOBER 13 Build an interactive Space Station Sukkah

#### Chanukah Block Party



21 KISLEV - DEC. 22
Electroluminescent Light
Sculptures, Chanukah fun

#### Tu B'Shvat Treehouse Adventure



START DATE: 11 SHVAT - FEB 9 DN Mitzvah Treehouse Building

#### Purim in Minecraft City



9 ADAR - MARCH 9 Holiday fun with Purimthemed Minecraft Blocks

#### The Model Matzah Bakeru



I NISSAN - MARCH 30 Make Your Own Matzah from scratch

#### In My Jewish Home



20 IYAR - MAY 18
Special Mitzvah Project at
Ckids End of Year celebration

\*Images may not reflect the exact item





NECKH!

MATZAH BAKERY

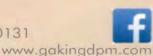


JEWISH HOM



Imperial Foot & Ankle Specialists, Inc. Gregory A. King, DPM

35400 Bob Hope Drive #211 Rancho Mirage, CA 92270 T: (760) 327-1254 After Hours: (760) 238-0131 Fax: (760) 864-1499



ON TIME and The Style!

Mellow
Cab
Co
SRA#09-1002

1(760)340-TAXI
(8294)

YellowCaboftheDesert.com

#### THE ROHR JEWISH LEARNING INSTITUTE

## 2024-2025 Course Offerings

Courses take place at Chabad of Rancho Mirage. Info: chabadrm.com/jli





FALL 2024-6 LESSONS

## Nurturing Relationships

Jewish Wisdom for Building Deeper, Richer Connection in All Your Relationships

See how to build and nurture all your interpersonal relationships. Explore classic Jewish texts to uncover skills for practicing empathy, active listening, agreeable disagreement, interpersonal optimism, constructive criticism, and effective relationship repair.



WINTER 2025-6 LESSONS

## Decoding the Talmud

Inside the Story, Substance, and Significance of the Book That Defines Judaism

Discover the intricate world of the Talmud, its history, authors, and significance—and experience it yourself. You'll decode every part of the Talmudic page and see why it powers Jewish life to this day.



SPRING 2025-4 LESSONS

## **Colorful Profiles**

Short Stories of Extraordinary and Unexpected Characters from Jewish History

Encounter twelve stories of Jewish history's most fascinating men and women: converts, captives, royal advisors, philosophers, philanthropists, and more. Witness their fascinating sacrifices, adventures, and achievements and uncover our people's rich history.

# EXPERIENCE MAKES THE DIFFERENCE BARRY REGAR

### A Professional Law Corporation

Accidental Injury - Medical Malpractice - Defective Product - Wrongful Death

#### Why settle for less?

Call Us First Our reputation speaks for itself

A Professional Law Corporation
Over 40 Years Personal Injury Litigation Experience
Former Deputy District Attorney
J.D. Hastings Law School
AV Rated Preeminent Martindale-Hubbell Directory Of Attorneys
Member Hastings Law School Law Review
Member Multi-Million Dollar Advocates Forum
AVVO Rating 10/10 Superb
Consumer Attorneys of California

## **BARRY REGAR**



FREE CONSULTATION - NO FEE UNLESS WE WIN YOUR CASE

Palm Springs 327-1516 Indian Wells 837-3555 Indio 775-7223

74900 Hwy 111, Suite 223, Palm Desert www.barryregarlaw.com





**Homayoun Siman M.D.**Primary Care & Pain Management

Background in general surgery
and orthopedic surgery
On-Site Laboratory
Skin Cancer screening

Pain Management services
inlcuding spinal epidural, joint and soft tissue injections
Accept Medicare, PPO & HMO.

73-211 Fred Waring Drive, Ste 101
Palm Desert, Ca 92260
Phone: 760-837-0321 Fax: 760-837-9114



**CLEANING & RESTORATION** 

• Carpet Cleaning • Pet Odor Removal • Stain Removal • Upholstery Cleaning • Tile & Grout Cleaning

760.808.7591

www.carpetking760.com



# FREE 2-WEEK PASS FOR YOU AND A FRIEND

760-610-7558 purfitathletic.com

Terms apply. Minimum 18 years of age. Local photo ID required each visit. First-time guest only. Offer valid for 1 week, 3 visits maximum.







RESTAURANT AND CATERING check out our new dairy cafe!

9233 Pico Blvd.

Los Angeles, CA 90035

Restaurant: (310) 205-8705 Catering Office: (310) 205-8707 Fax: (310) 278-6702

E-mall: errolfine@gmail.com

PAT FINE ERROL FINE





Servicing the Coachella Valley for over 22 years!

Leading Air Conditioning and Heating Repair provider

Centrally located in Palm Desert.

Air Conditioning & Heating Tune-ups and Repairs as well as a variety of Plumbing Services

# THE DETAIL

### **Protective Services**



Providing Chabad with all security and protective services!

www.thedetailppo.com

PPO: 121616 760.567.4670

77682 Country Club Dr., Ste. A-2 Palm Desert, CA 92211-0451

# **5785 Festival Blessings**

**OCTOBER 2024-JUNE 2025** 

## LIGHT A CANDLE SAY A PRAYER SHARE THE LIGHT



(1) HOW TO FRIDAYLIGHT It starts with one light. Add a candle for your soul mate, and if you are a mother, one for each child. A girl over the age of three may (with help from Mom) light her own candle.

Before kindling the candles (18 minutes before sundown), we think of those less fortunate and put a coin in a charity box.

**(2) LIGHT A CANDLE** Once the candles are lit, close your eyes, and with your hands gently moving above the flames, sweep the warmth towards your eyes three times.

Then, placing your hands over your eyes, honor the divine spiritual connection of lighting Shabbat candles by speaking the Hebrew blessing that women across the globe have said for thousands of years.

(3) THE BLESSING Hebrew: Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ho-olom A-sher Ki-de-sha-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Shabbat Ko-desh. English: Blessed are You, Lord, our G-d, King of the Universe, who sanctifies us with His commandments, and enjoins us to light the candles of Shabbat.

(4) SAY A PRAYER This is the moment to pray for yourself, your loved ones, and all the world. As you uncover your eyes, feel the candle's glow seep through every cell of your being, ushering in a moment of inner peace.

(5) SHARE THE LIGHT Picture millions of women around the world lighting FridayLight candles. Picture the peace of Shabbat radiating across the globe.

**THE FESTIVALS** Candles are lit to honor the Jewish festivals, on which different blessings are recited. See the chart below for the appropriate blessings.

DATE	HOLIDAY	BLESSING
Oct. 2***	Rosh Hashanah I	1 & 5
Oct. 3**	Rosh Hashanah II	1 & 5
Oct. 11*	Yom Kippur	2 & 5
Oct. 16***	Sukkot I	3 & 5
Oct. 17**	Sukkot II	3 & 5
Oct. 23***	Shemini Atzeret	3 & 5
Oct. 24**	Simchat Torah	3 & 5
Apr. 12**	Pesach I	3 & 5
Apr. 13**	Pesach II	3 & 5
April 18*	Pesach VII	4
April 19**	Pesach VIII	3
June 1***	Shavuot I	3 & 5
June 2**	Shavuot II	3 & 5

- \* Do not light after sunset
- \*\* Only light after the time indicated, and from a pre-lit flame
  \*\*\* If lighting after sunset, only light from a pre-lit flame
- Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ho-olom A-sher Ki-de-sha-nu Be-mitz-vo-sov Vi-tzi-vo-nu L'had-lik Ner Shel [Fri night: Shabbat V'shel] Yom Ha-zi-karon.
- 2 Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ho-olom A-sher Ki-de-sha-nu Be-mitz-vo-sov Vi-tzi-vo-nu L'hadlik Ner Shel Shabbat V'shel Yom Ha-kipurim
- Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ho-olom A-sher Ki-de-sha-nu Be-mitz-vo-sov Vi-tzi-vo-nu L'hadlik Ner Shel Yom Tov
- Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ho-olom
  A-sher Ki-de-sha-nu Be-mitz-vo-sov Vi-tzi-vo-nu L'hadlik Ner Shel Shabbat V'shel Yom Tov
- Boruch A-toh Ado-noi E-lo-hei-nu Me-lech Ho-olom She-heh-chi-ya-nu Veh-ki-ye-ma-nu Veh-hi-geh-ya-nu Liz-man Ha-zeh























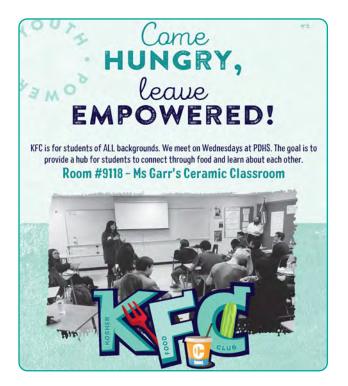


Making Judaism fun and relevant for all ages!



The Jewish Calendar is published by Chabad of Rancho Mirage - The Torah Oasis; 72295 Via Marta, Rancho Mirage, CA 92270.

It is distributed for free to all members and friends of Chabad of Rancho Mirage. Fall 2024





NON-PROFIT POSTAGE PERMIT 368 LONG BEACH CA